

Brookline High School Field Trip Application
Brookline – Zanzibar Global Health / Soccer trip
Zanzibar Tanzania February 2018

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Excel Budget Spreadsheet.

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STATEMENT OF PURPOSE

Global Health and Soccer in Dar es Salaam and Zanzibar, Tanzania

The purpose of the Brookline High School Global Health and Soccer trip is to enable Brookline students see first hand some of the challenges and opportunities of healthcare work in a lower income country and to have a rich cultural exchange through sport.

Connection to Global Leadership Course

The Global Leadership course has four major units: Cultural Awareness, Global Diplomacy, Global Economics, and Global Development. The trip to Tanzania for Global Health and Soccer connects directly to the first and last of these units.

The trip connects to the Global Leadership in several central ways. The course begins with a unit about the importance for leaders to be culturally sensitive and aware of differing cultural mores and customs around the world. Students will be immersed in a radically different culture, East African, Swahili coast, lower income, predominantly Muslim. There are numerous differences between Brookline and Zanzibar and students will get to see these first-hand each day when they work and play with staff at the NGO's, students at the schools, and women on the football pitch.

The Global Leadership curriculum culminates in a unit on Global Development where students must identify a health challenge in a low income country. They then must identify what part governmental institutions, for-profit companies, foundations, and non-governmental organizations play in solving these types of challenges. In Zanzibar, the challenge students will study directly is the status of women in society in general. We will examine the programs of Pathfinder International and Coaches Across Continents in their attempts to raise the status of women.

With Coaches Across Continents, we will hear from CAC staff about the role that Nike, The Ford Foundation, the Clinton Global Initiative, UNICEF, and the Zanzibar Ministry of Sport play in their work on the island. Nick Gates, the head of CAC, will Skype with students before the trip and students will visit directly with staff from the Ministry of Sport, as well as UNICEF. With CAC, students will meet with, and eventually also play soccer with, women in three or four different football clubs on the island. They will hear from these women the role that sport has played in changing the status of women on the island.

With Pathfinder International, students will also visit with staff for educational briefings before the trip. They will hear about the role of the United States Government in the form of United States Agency for International Development plays in assisting the Tanzanian and Zanzibari government in implementing the programs they will visit. On the island, students will visit the "One Stop" program designed to address domestic violence through coordination with the

Ministry of Health, the local hospitals, and the police department. Students will also visit classes for parents and their children designed to prevent violence against children. In addition, students will also see the role religion can play in prevention of violence when they meet with local imams who will discuss the change they have seen in their own congregations. Finally, they will see a small-scale community based micro-lending program, whereby women learn economic and marketing skills to help their families and community thrive.

In Global Leadership, we have a “speakers series” where students must contact a professional who has worked in the field of Global Development and invite them to the class, either through remote connection or actually visiting the class, to talk about their work promoting development. During the trip, students will meet with these professionals first-hand to understand the work in Zanzibar.

Program Information

The Brookline Global Health and Soccer trip will work primarily with two well known international non-governmental organizations: Pathfinder International (www.pathfinder.org) and Coaches Across Continents (www.coachesacrosscontinents.org). Pathfinder International was founded in 1957 with a mission focused on family planning and reproductive healthcare. The organization has been working in East Africa for over fifty years and specifically Tanzania for almost thirty. Coaches Across Continents has been working in sub-Saharan Africa for six years and in that time has received extensive recognition for its work, including recognition from UNICEF, the Clinton Global Initiative, and Google. A full list of the awards and recognition is at: <http://coachesacrosscontinents.org/about/#our-awards> In Tanzania, it specifically works with the Tanzanian government and the Ministry of Sport concerning programs to increase the health and welfare of girls. In Zanzibar, CAC works specifically with the local Zanzibari government as well.

Pathfinder International

This international Non-Governmental Organization focuses on reproductive health care, family planning, and HIV / AIDS work in Tanzania and around the globe. Pathfinder has been active in Tanzania for over thirty years and is well recognized, not only within the reproductive health care community, but with the Tanzanian government for its work. It has a long-running and extremely successful history of working with the Tanzanian government at the highest levels and has been instrumental in many programs coordinating with the Ministry of Health throughout the country. Two of the many projects that Pathfinder has in Tanzania are described here.

<http://www.pathfinder.org/our-work/projects/mobilizing-maternal-health-in.html>

<http://www.pathfinder.org/our-work/projects/preventing-sexual-and-gender-violence-against-children.html>

Brookline students will be coordinating with Pathfinder International both before the trip and during it. Pathfinder, whose international headquarters is in Watertown Massachusetts, will be

responsible for the global health aspect of the trip, both leading into it with education and during it in facilitating activities and visits with local NGO staff. Brookline students will visit with headquarters program staff there can easily visit with Brookline students as they learn more about the reproductive health care, family planning, and HIV / AIDS work Pathfinder does in Tanzania. Students will study four projects in particular: adolescent friendly reproductive health care education projects, Cervical Cancer Prevention, HIV / AIDS work with Home Based Care providers, and Violence Against Children prevention work on Zanzibar. They will spend time with Pathfinder staff in Dar es Salaam to learn about the dedication of global health advocates and staff. They will also examine the work of Pathfinder Tanzania on a national scale with the Tanzanian Ministry of Health and university education system. They will also have a chance to meet with community based health care volunteers and visit health clinics as well as possibly go on some home visits with the health volunteers.

Coaches Across Continents and *New Generation Queens*

Brookline students will also have a chance to work with staff from Coaches Across Continents who will coordinate the soccer aspect of the trip. Coaches Across Continents headquarters is in Cambridge Massachusetts. Nick Gates, the executive director, is overseeing the specifics of the field trip. Over the past three years, CAC has been working closely with the Tanzanian government and Save the Children, the Zanzibar Football Association, and UNICEF to address the challenges of child protection and female empowerment. CAC has done extensive work with the Tanzanian government specifically around female empowerment and designing activities to promote those, both in Zanzibar and, more generally, throughout the country.

Leading up to the trip, students will examine the role of sport in global development, specifically the use of soccer to improve the status of women in societies around the globe in general and more directly in Africa. CAC works in several African countries, including Tanzania, Malawi, and the Democratic Republic of Congo, among twenty-four different countries around the world. Students will examine how international N.G.O's like CAC, Soccer Without Borders, and Women Deliver all use soccer to improve women's lives. Brookline students will specifically focus on CAC's approach (more details are here - <http://coachesacrosscontinents.org/our-difference/>) as well as coordinating with staff through Skyping with Nick Gates and Nora Dooley, among others. In the fall, students will also help organize and attend a screening of *New Generation Queens: a Zanzibar soccer story* by the director Megan Shutzer. During this event, students will have the opportunity to meet with Shutzer and participate in a panel discussion about gender empowerment through sports. Shutzer's film, *New Generation Queens*, is a feature documentary about Zanzibar's women's soccer team and it explores the historical, religious, and cultural context surrounding the belief that women's soccer is immoral. The young women of the New Generation Queens challenge these established ideas about gender, Islam, and soccer and travel to the mainland to compete at a tournament in front of scouts for Tanzania's national team. More information about the film can be found at <http://www.newgenerationqueens.com/film/>. This education process will culminate with friendly soccer activities with various Zanzibari women soccer teams during the week we are on the island. During these informal activities and mixed-side scrimmages, students will have a chance

to meet with and interact with the Zanzibari women soccer players, as well as experience first-hand how sport can be a transformative experience and a vehicle for cultural exchange. Students will also read briefing materials from Women Deliver about women in sport around the world and then Skype with Tamara Windau-Melmer, one of the staff from Women Deliver about some of the global movements supporting women in sport and some of the challenges. This will help students set their specific trip and the programs in Zanzibar in a larger global context.

SOS School

<http://www.sos-childrensvillages.org/where-we-help/africa/tanzania/zanzibar>

We will also visit the SOS Children's Village School on Zanzibar. Students will have an opportunity to visit with students in various classrooms, particularly English and Physical Education classes. In addition, BHS students will also have a chance to volunteer with the kindergarten classes during recess.

Big Tree School

This is a very small local school that BHS students, parents, and a teacher visited in the summer of 2016. We will spend time with the children who are 5-7 years old. We will also help the school clear ground in a neighboring lot to help them construct a new school.

Tourism

Cultural and tourist activities and excursions:

- Spice tour
- Walking tour of the historical quarter of Zanzibar city
- Tour of local restaurants, markets, and shops in Stone Town
- Hiking trails in the Jazani Forest
- Mangapwani slave caves tour
- Prison Island tour

Connection to School Committee Mission and Goals

The Tanzania Sports and Global Health field trip supports School Committee Core Values and Goals in the following ways:

Mission -- Core Values: Collaboration

Through collaboration we find new sources of learning and strength. The Public Schools of Brookline actively promote collaborative relationships. We seek out partnerships with community organizations that add value to our school system. We urge and support collaboration and exchange within and across our school community.

The trip itself models collaboration with three non-governmental organizations: Pathfinder International, Coaches Across Continents, and the SOS School. These three are "community organizations that add value to our school system." Furthermore, the programs of Pathfinder

International and Coaches Across Continents model collaboration between international NGO's and local NGO's as well as collaboration with national and local governments. Both PI and CAC work with the Tanzanian government and local NGO's in Zanzibar and Dar es Salaam.

Mission -- Core Values: Respect for Human Difference

We are committed to acknowledging and celebrating the diversity within our community while affirming the importance of our common humanity. By promoting a safe environment for questioning and challenge, we foster the growth and value that comes from different perspectives, cultures and experiences. Our commitment is to create an atmosphere of safety in which to acknowledge and express difference while advancing true acceptance and respect for all.

In this trip, students will learn a wide array of perspectives, from simply working with people from a radically different culture, to seeing the mix of cultures in East Africa. One simple example appears with the head of Pathfinder International, Mustafa Kudrati, is Indian by heritage, Tanzanian by birth, and speaks Hindi, Urdu, Swahili, and American English. The students cannot help but see the world from different points of view, whether in examining how to solve health crises like HIV / AIDS in East Africa or to work with cultural challenges around the status of women in sports. They will hear from staff off two well-known international NGO's as well as local government officials in Tanzania. Through Arts in Tanzania, they will also have cultural experiences and study some of the history of the Swahili Coast.

Goal: Every Student Prepared for Change and Challenge

Instill in every student the habits of mind and life strategies critical for success in meeting the intellectual, civic, and social demands of life in a diverse, ever-changing, global environment.

In addition to supporting the above School Committee missions, the trip also supports the goal stated above. Through preparation before the trip, whether readings or speakers, the students will understand some of the challenges of working in a lower income country that is radically different in many ways from their home culture in Brookline Massachusetts. They will also understand a few of the myriad complexities of addressing global diseases or bringing about cultural change around women's status. This will both prepare them better to operate in such an environment and also help open their eyes to the possibility that they *can* operate on such a global stage. These first-hand experiences for students will demonstrate powerfully for students that they too can engage in this type of work and this type of change.

Basic Itinerary of the Trip -- February 10-24, 2018

- 2/10 Saturday- Leave Boston to arrive in Zanzibar Monday 2/12
 2/12 Monday - rest and relax in hotel.
 2/13 Tuesday- Visits with Pathfinder International focusing on Women's Health and HIV / AIDS programs.
 2/14 Wednesday - Coaches Across Continents activities with the Ministry of Sport in Zanzibar. Game with FC New Generation Queens
 2/15 Thursday - volunteer activities with Big Tree School - game with FC Women Fighters at night
 2/16 Friday - volunteer activities with Big Tree School - game with school boys team coached by Big Tree School principal
 2/17 Saturday - Tourism in the morning - rest at hotel - dinner in the evening.
 2/18 Sunday - Spice Tour - shopping in Zanzibar - dinner in the evening.
 2/19 Monday - visit with SOS school
 2/20 Tuesday- visit with SOS school
 2/21 Wednesday- visit with SOS school
 2/22 Thursday - relaxed day in Stone Town.
 2/23 Friday - Fly home.
 2/24 - Land in Boston

APPLICATION FOR ALL OUT-OF-STATE, OVERNIGHT TRIPS

TRIP LOGISTICS:

1. **Name of Field Trip:** Tanzania - sports and women's health trip
2. **Educators Requesting Field Trip Approval:** Ben Kahrl (Social Studies teacher), Bridget Knightly BHS Librarian
3. **School:** Brookline High School **Grade Level:** rising 10th, 11th, and 12th grade students and recent graduates
4. **Have you reviewed the new School Committee Policy I 3 a. for Field Trips?** Yes
5. **Have you reviewed the document, *Administrative Procedures for School Sponsored Field Trips*?** Yes
6. **What is your destination?** Zanzibar Tanzania
7. **What is the date you are leaving Brookline?** Saturday February 10, 2018
8. **What is the date you are returning to Brookline?** Saturday February 24th, 2018
9. **Do the dates of the trip conflict with any religious holidays or observances?** No
10. **How many days will students miss from school?** Five
11. **How are students being transported?**
 - a. from Boston to Zanzibar: airplane
 - b. while in Zanzibar: mini busses.
 - d. from Zanzibar to Boston: airplane

an NGO is designed to address a public health crisis like the HIV / AIDS pandemic or a more local challenge like culture around women and sports. Second, students will be able to see how sports can be a language of dialogue and cultural exchange. Finally, it will help students understand that they can operate on a global stage and be involved in this kind of change, whether in East Africa or another part of the world, whether in global health, cultural change, or another area of their own passion.

20. Describe activities planned before the trip to prepare students:

A. Guest Speakers -

- a. Pathfinder International staff member to visit and speak with students about HIV / AIDS work, Community Healthcare work.
- b. Skype Session with Meg Shutzer about “New Generation Queens”
- c. Film Showing in Brookline
- d. Skype Session with Nick Gates - Executive Director of Coaches Across Continents
- e. Skype Session with Mary McVeigh - executive director, Soccer Without Borders
- f. Harvard Women’s Soccer Players who have participated in Coaches Across Continents.
- g. Skype Session with Sara Pellegrom and Tamara Windau-Melmer of International NGO Women Deliver about the role of sport in raising women’s health and status in a country.

B. Films -

- a. HBO documentary - Pandemic: Facing AIDS
- b. Higher Media documentary - 5 Heroes of AIDS in Africa
- c. Documentary Film - “New Generation Queens” by Meg Shutzer
- d. Visionaries documentary - “Because No One Goes There”
- e. Documentary - “Half the Sky” about maternal mortality.
- f. Several videos from Coaches Across Continents website.

C. Readings

- a. Project Briefings / Descriptions from Coaches Across Continents.
- b. Project Descriptions from Pathfinder International
- c. Blog from Meghan Hayes, Holy Cross student who lived and worked on Zanzibar studying sports and women’s health.

21. Describe activities planned after the trip to wrap-up/reflect:

Students who participate will be asked to discuss the conference with the Global Leadership class members who were not at the conference and also the Amnesty International chapter members who did not participate. Further, we will work to coordinate with the Sagamore for a possible article or use of social media during and after the event.

ACCESSIBILITY AND STUDENT SAFETY:

22. To what extent does the field trip group reflect the diversity of the school population? What efforts will be undertaken to ensure that, to the greatest extent possible, the participants in this field trip are representative of the school population?

Once the School Committee has approved the trip, we will make a strong and concerted effort to encourage participation from a broad spectrum of BHS students so that the group reflects the makeup of the larger student body.

This trip will have a **Needs Blind** admissions process whereby applications for financial aid are submitted separate from regular applications and will not be revealed until after selections are made. The financial aid process will award students a percentage of his or her trip that will be covered and we will ensure that percentage is paid for by school fund raising activities.

22. What measures are planned to ensure student safety on the trip, including chaperone coverage, student behavior contracts, etc?

Enrollment in Smart Traveler Enrollment Program (STEP). This is a service of the Bureau of Consular Affairs of the U.S. Department of State that alerts the U.S. Embassy in Tanzania of our travel when we arrive in Tanzania. This is the program recommended by the U.S. Embassy in Tanzania. (<http://tanzania.usembassy.gov/emergency.html>)

Additionally, we will also call the U.S. Embassy after the trip is approved to find out any travel advisories that might exist and against before our departure. We will also consult the following website for any specific information.

http://tanzania.usembassy.gov/information_for_travelers.html

Beyond the typical measures of traveling with any student group on an overnight trip, in traveling to a country like Tanzania, there are two particular areas of focus for student safety: health and security.

Health Safety

For health safety, there are several different areas we will address before departure and others as well during our travel:

- 1) Immunizations - We have spoken with the Mt. Auburn travel clinic and they will do a briefing for students and parents, as well as provide an opportunity for students to receive any needed immunizations that they do not have. Those students who do not participate in this will be required to provide proof of visiting a travel clinic and receiving the proper immunizations and medications concerning diseases like tuberculosis, typhoid, malaria, and yellow fever. All students immunizations records must be up to

date. This will also include the need for bringing medications like immodium and cipro designed to address gastrointestinal illness or distress.

- 2) Medication - Students will also be advised to bring medication for travel / motion sickness if they are prone to this, as well as medication, both over the counter and prescription, for gastrointestinal illness and possible diarrhea.
- 3) Briefings - Students and parents will attend mandatory briefing concerning travel and health and diet in a low income country. This will cover restrictions on diet, namely strong advisories to avoid certain food (anything that has not been cooked, peeled, boiled, or processed). This is particularly a concern with fruits and vegetables. Students will also be advised that food security in terms of avoiding severe allergies like those with nuts simply cannot be guaranteed. Students will also understand the challenges of water, both in terms of safety of not using tap water for drinking or brushing teeth, but also the need to consume only bottled water or canned or bottled drinks. This caution includes *any* consumption of ice.
- 4) Diet - Students will be advised to bring power bars or other nutrition that is easily portable with them so that if there are days with long breaks between meals, they can avoid low blood sugar. They will also be advised to drink considerable amounts of fluid to ensure against dehydration, a common occurrence in more tropical climates. We will also purchase and have available large quantities of safe water for everyone to drink.

Security Safety

This aspect of the trip is paramount and involves understanding risks and taking focused clear steps to avoid those risks. This is the same approach that we take with all of our exchange trips to France, Mexico, China, Nicaragua, the Dominican Republic, Italy, Cambodia, Germany, or Spain. One of the best ways to do this is to rely on those who know the area the best. This is similar to the foreign exchange students, whether from China, Japan, or France, who visit Brookline High School. We might advise them to avoid certain parts of Boston during certain events or certain times of day or night.

We are relying on local expertise with Pathfinder International and Coaches Across Continents. We have had extensive conversations with staff members of both organizations about the safety of the students. Based on the recommendations of these organizations there are several steps that we are taking.

- 1) Registering with the American Embassy in Dar es Salaam.
- 2) Registering with Smart Traveler Enrollment Program <https://step.state.gov/STEP/Index.aspx> sponsored by the U.S. State Department which delivers updates and alerts about locations around the globe, in this case specifically Tanzania.

We have done extensive research to look into other organizations which also do student trips not only to Tanzania in general, but specifically to Zanzibar and Stone Town. In addition, we have traveled there ourselves to understand first-hand how best to make this trip safe and successful. Below are listed the organizations and their websites. It is clear that many different educational organizations conduct trips not only to Tanzania in general but to Zanzibar specifically.

Johnson and Wales

https://studyabroad.jwu.edu/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=10041

University of Kentucky

https://abroad.ad.uky.edu/index.cfm?FuseAction=programs.ViewProgram&Program_ID=12821

School for International Training

<http://studyabroad.sit.edu/sn/programs/semester/spring-2016/tzz/>

International Volunteer Travel

<http://internationalvolunteertravel.com/volunteerzanzibar/zanzibar.php>

Africa Impact

<http://www.africanimpact.com/volunteer-projects/zanzibar/teaching-community-support-zanzibar/overview/>

Whitworth College in Spokane Washington.

<http://www.whitworth.edu/Academic/Department/OffCampusStudies/Programs/ProgramDetail.aspx?id=75>

Univ. of Oregon

<http://international.uoregon.edu/tanzania/zanzibar>

Boston University

<http://www.bu.edu/abroad/find-programs/by-destination/zanzibar-tanzania/>

SIT Study Abroad

<http://studyabroad.sit.edu/sn/programs/semester/fall-2015/tzz/>

Cal Poly Pomona University

<https://www.cpp.edu/~rrreese/nonfla/Tanzania.html>

University of Pittsburgh

<http://www.abroad.pitt.edu/prpsitzanzibarcity>

International Volunteer Travel

<http://internationalvolunteertravel.com/volunteerzanzibar/zanzibar-internships-abroad.php>

Guilford College

http://studyabroad.guilford.edu/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=33536

University of Kansas

<http://www.studyabroad101.com/cities/tanzania/zanzibar>

Davis for Peace Project

<http://www.davisprojectsforpeace.org/media/view/3589>

The School for Field Studies

<http://www.fieldstudies.org/safety/eastafrica>

Seton Hall Law

<http://law.shu.edu/Students/academics/studyabroad/Zanzibar/index.cfm>

University of Georgia

https://goabroad.uga.edu/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=13018

Finally we will follow any and all State Department advisories in the event any are issued.

23. What is the name and location of the medical facility closest to your destination?

Dar es Salaam - Aga Khan hospital Dar es Salaam

<http://www.agakhanhospitals.org/dar/>

In 2003, the Hospital was awarded the ISO 9001: 2000 (International Standardisation Organisation) certificate. This certification is awarded only when a hospital's clinical, diagnostic, administrative, and support services conform to the ISO standards.

Overseas Patients

Overseas patients seeking treatment at the Aga Khan Hospital, Dar es Salaam can contact the Head of Patient Care for information at:

Head of Patient Care

Tel: +255 22 211 5151/53 (ext. 5161)

Fax: +255 22 211 5904

E-mail: patientcare@akhst.org

Aga Khan Hospital, Dar es Salaam TANZANIA

Postal Address: P.O. Box 2289 Ocean Road Dar es Salaam TANZANIA

Phone +255 22 211 5151/53 Fax +255 22 211 5904

24. Will students be swimming? Yes. All students will have a signed permission slip from their parents if they wish to swim. The hotel has a swimming pool and there is a beach nearby as well.

25. If travelling outside of the United States, please attach the appropriate Department of State notices and advisories.

As of December 2016, there were no significant warnings concerning Tanzania, except to be aware of petty theft situations and avoiding large political rallies. These are common sense warnings that would be true of any foreign travel. (For example, pick pockets are quite common on Paris Metro cars.)

<https://travel.state.gov/content/passports/en/country/tanzania.html>

We will also be monitoring this site for ongoing alerts and notices.

<http://travel.state.gov/content/passports/en/country/tanzania.html>

FUNDING:

26. What is the cost of the trip? \$3900

The projected cost is \$3900 per student. This cost includes: round trip airfare on scheduled airlines, transportation to and from the airport, most meals during the time:

For a detailed budget, please refer to the budget document.

27. How will the field trip be funded?

The trip will be funded by the families of participants. As described in #28 and #29 below, we will actively engage in fundraising efforts to raise money for scholarships, and students will be encouraged to assist their family by contributing to the cost through their own work. We are currently working to solicit donations from private individuals who want to support the work of expanding opportunities for students at Brookline High School, particularly students who would not otherwise be able to afford these trips.

28. What accommodations are made for students who cannot afford the expenses of the trip? Are partial and/or full scholarships available?

Yes, scholarships will be available. We will work to raise money for at least two full scholarships, which will be divided amongst those students who have financial need, to help ensure that all students who want to go can afford to. Further, we will work with the administration to publicize the trip through various avenues, including international service clubs, METCO, and Steps to Success, among other places.

Furthermore, we will let students know that scholarships are available and that all scholarship requests will remain confidential. Students may complete a separate scholarship application that will in no way restrict their selection to participate. If additional funds are needed, additional fundraisers will be planned to supplement them. Acceptance to the trip will be determined separately from scholarship awards so as not to influence selection process.

29. If fundraisers are planned to help lower the cost of the trip for all students, please describe those plans here.

We are planning to do a screening of the film, “New Generation Queens” at a local theater and charge admission as well as ask for donations. In addition, we will look to do additional fundraisers in connection such as a silent auction or a lottery. In addition, we are working to reach out to local soccer organizations, such as Global Premier Soccer, to solicit donations to support the women’s soccer programs in Tanzania.

Other relevant information for the time in Dar es Salaam and Zanzibar 2018:

Emergency Numbers in Dar es Salaam and Zanzibar:

- Register with the U.S. Embassy - <http://tanzania.usembassy.gov/>
- U.S. Embassy Contact information
 - telephone: [255] (22) 229-4122 fax: [255] (22) 229-4721
 - email: drsacs@state.gov
 - 686 Old Bagamoyo Road, Msasani
 - P.O. Box 9123
 - Dar es Salaam Tanzania

Submitted by:

Educators: Benjamin Kahrl . Bridget Knightly

Signatures : _____

Date: _____

Date: _____

Social Studies Curr. Coordinator: Gary Shiffman

Date: _____

Headmaster: Anthony Meyer

Signature : _____

Date: _____

PROJECTED COSTS

**Costs are based on 12 participants and 2 chaperones.
Please see attached spreadsheet document.**

Brookline - Tanzania Trip 2018
ESTIMATED BUDGET - see attached spreadsheet

SUMMARY ITINERARY**TANZANIA**

February 10 - 24

February 10 - Leave Boston - evening flight

February 12 - land in Zanzibar in the morning - go to hotel and sleep.

Dinner either at hotel or in Stone Town in the evening.

February 13 - Visits with Pathfinder International

Local Hospital - One Stop Domestic Violence prevention program

Violence Against Children prevention education program

Session with local religious leaders to discuss VAC prevention program and the impact it has had in their community

Visit to Tortoise and Sea Turtle preservation program - tourism.

February 14 Wednesday - Coaches Across Continents activities with the Ministry of Sport in Zanzibar. Meet with local officials to hear about how sport, specifically soccer, has impacted the status of women in Zanzibar.

CAC exercises with local school aged boys and girls.

Game with FC New Generation Queens - perhaps at the National Stadium in Zanzibar

February 15 Thursday - volunteer activities with Big Tree School - helping with the students, possible work helping with the construction on the new school site.

Game with FC Women Fighters at night - arranged by CAC.

February 16 Friday - volunteer activities with Big Tree School - game with school boys team coached by Big Tree School principal. We will work at the school again, helping clear the site for the new school. Then, students will play soccer with a mixed team of school boys.

February 17 Saturday - Tourism - trip to Sea Turtle Sanctuary and possible Spice Tour

February 18 Sunday - Tourism - Tour is slave forts and walking tour of Stone

February 19 Monday - Visit with SOS School.

Brookline students will shadow an SOS student for the day. This will include playing a soccer game together as well as specifically visiting Physical Education classes.

February 20 Tuesday - Visit with SOS School.

Students will spend time in English classrooms helping students learn English.

February 21 Wednesday - Visit with SOS School.

During this last day, students will volunteer with the kindergarten classes.

February 22 Thursday - On this last day, students will have time to relax in Stonetown, perhaps do a small tourist experience together, do some shopping, or relax at the hotel.

February 23 Friday - Fly home.

February 24 Sat. - arrive back in Boston

PROPOSED TIMELINE

APPLICATION & RECRUITMENT TIMELINE 2016-2017

December 2016	Teacher chaperones meet to prepare documents
December 2016	Proposal presented to Headmaster, Superintendent, School Committee
January 2017	Announce formally to students - substance of the trip, both with Global Health and also cultural exchange with soccer. Applications will be distributed and due towards the end of the month.
February 2017	Review applications. Set up interviews. Applications will include signed relevant documents so that they are prepared if the student is accepted.
March 2017	Accept students. Notify those families of acceptance. \$1000 deposit to secure spot. This will be used to purchase the plane tickets. Collection of Passports to check expiration dates and submit for Tanzanian visas. \$100 required for this step.
April 2017	Orientation for accepted students. Evening meeting - basic information. Organizations - Pathfinder International, Coaches Across Continents, and SOS School. Scheduling of vaccination visit with Travel Clinic at Mt. Auburn Hospital. Logistics - preparations they need in terms of documentation and immunizations. Meeting with Mt. Auburn Travel Hospital
May 2017	\$1000 due to reserve hotel rooms. Total of \$2100 due

April 2017	<p>Screening of “New Generation Queens”. Fundraising for the trip as well as educational.</p> <p>Work with students on possible fundraising opportunities including the screening of the movie “New Generation Queens”</p>
September 2017	<p>Skype session with Nick Gates of Coaches Across Continents to discuss the soccer sessions with the Zanzibari teams</p> <p>Skype session with staff member of Pathfinder International to discuss the visits in Zanzibar.</p> <p>Meeting with parents - Presentation on three sponsoring organizations, logistics of the trip, packing list and other necessary preparations (immunizations), safety measures for health (food, drinking water, etc.)</p> <p>Full briefing on security measures, precautions, and plans. This will include letters from sponsoring organizations, contact information with the American Embassy in Tanzania.</p> <p>This briefing will also include short summary of other organizations that are sponsoring similar trips.</p> <p>Explanation of contingency planning.</p> <p>\$500 due. Bringing total to \$2600</p>
Z Blocks in fall - day chosen to fit students sched.	Organizational Meetings: fund-raising, trip information.
January 2018	Final Parent meeting concerning trip. Final tally of fundraising so that we know how much each student will pay. Check for \$850 (or reduced balance) due. Bringing total to \$3450 (including fundraising amounts).
Feb 10th	Departure for Tanzania
Feb 24th	Return from Tanzania

Student Guidelines and Contracts

Students participating in the Brookline High School Global Health and Soccer trip to Tanzania will abide by Brookline High School rules and regulations as stated in the Handbook, as well as those enumerated in this document.

1. Students and parents/guardians will agree to and sign the rules explained in the STUDENT BEHAVIOR CONTRACT (see attached).
2. Students and parents/guardians will agree to and sign the information and rules explained in the HEALTH INFORMATION SHEET FOR FIELD TRIPS (see attached). Students on medication must be able to self-medicate or give early notification if a parent/guardian must accompany the trip.
3. Parents/guardians must agree to and sign the information explained in the PERMISSION AND RELEASE FORM FOR TANZANIA TRIP (see attached).
4. Students must be in good academic standing to participate in the program.
5. Students must be aware of, and follow, airport and terminal procedures.
6. Students are responsible for their own spending money. The chaperones will be responsible for the group expenses.
7. Students are responsible for acquiring or renewing their own passports. They must make five copies of their passport and give them to Mr. Kahrl. Passports must be valid through Sept. 1, 2018.
8. Students must present proof of relevant and required vaccinations.
9. Students must honor all deadlines and attend all student and parent/student meetings. If this is not possible, they must see Mr. Kahrl in advance to receive the information.
10. Students and parents are aware that each deposit for the trip and final payment is non-refundable once it is made as

In addition, the student and his/her parent are advised that School Committee and the Superintendent may cancel a trip at any time, including up to the day of departure, if that it deemed necessary for student safety.

I, (print student name) _____, have read the packet and agree to the information listed above.

Student's Signature: _____ Date: _____

I, (print parent name) _____, have read the packet agree to the information above.

Parent's/Guardian's Signature: _____ Date: _____

STUDENT BEHAVIOR CONTRACT

CODE OF CONDUCT:

1. I agree that while I am traveling with the Brookline High School Exchange Trip to Tanzania, I will not use or possess non-prescription drugs, tobacco or alcohol.
2. I agree to and will abide by the curfew. At the appointed time, I will go to my room and observe quiet. Bed checks will occur after curfew to ensure that the students are where they are supposed to be.
3. I agree to uphold all laws and regulations as dictated by local, State and Federal governments (i.e. under age drinking, assault, shoplifting, etc.). I agree to respect the property of others and to pay for any losses and/or damages for which I am found responsible.
4. I agree never to leave the hotel without permission from my chaperone. Should I be granted permission to leave, I will be accompanied by other members of my group and a chaperone.
5. I understand the responsibilities of traveling in a group and will respect meeting times and places.
6. I understand that I am under the direct responsibility and authority of the assigned chaperones, and I will follow and abide by any rules and/or decisions made by these persons.

I am signing this Contract, and hereby giving my word of honor that I will follow the above Code of Conduct while traveling in Zanzibar with Brookline High School from February 10th to February 24th, 2016. As a representative of Brookline High School, I understand that my behavior is critical to the success of the trip and as a precedent for future exchanges. Any violation of these rules will result in disciplinary action (i.e. being sent back to the United States at my parent's expense, or being suspended from a performance or activity).

Student's Printed Name: _____ Date: _____

Student's Signature: _____ Date: _____

I have read the above contract signed by my child.

Parent / Guardian Name: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Health and Safety information

The health, safety, and security of Brookline students traveling to Tanzania is a priority. We understand that there is inherent risk in international travel and specifically travel to this part of the world. In order to mitigate risk and emphasize student safety we plan to implement the following procedures and guidelines.

I. Health

- A. Prior to departure, students will be provided with information about the health risks pertinent to the region and information about staying healthy while abroad. Students will receive country-specific health guidelines, including required and recommended immunizations as specified by the Centers for Disease Control and Prevention (CDC).
- B. Chaperones, or BHS nurses, will conduct a comprehensive review of each student's medical and immunization history.
- C. All participants must be covered by health, accident, medical evacuation, and repatriation insurance (i.e. Travel Guard Assistance, AIG Travel Assistance, CISI Travel Insurance). This will be covered as part of the fee for the trip.
- D. The following health and safety protocols will be utilized in the event of an emergency.
 - 1) Students will follow the emergency action plan established prior to departure
<http://www.studentsabroad.com/handbook/personal-emergency-action-plan.php>
 - 2) Student will carry an Student Emergency Information Card
http://www.studentsabroad.com/handbook/images/country_img/emergencycard.jpg
 - 3) In cases of serious health problems, injury, or other significant health and safety circumstances we will communicate with parents via email and, if necessary by cell phone.
- E. Local and regional medical resources (participants and their parents/guardians/families will be provided with information about the following services prior to departure):
Dar es Salaam - Aga Khan hospital Dar es Salaam
<http://www.agakhanhospitals.org/dar/>

In 2003, the Hospital was awarded the ISO 9001: 2000 (International Standardisation Organisation) certificate. This certification is awarded only when a hospital's clinical, diagnostic, administrative, and support services conform to the ISO standards.

Overseas Patients

Overseas patients seeking treatment at the Aga Khan Hospital, Dar es Salaam can contact the Head of Patient Care for information at:

Head of Patient Care

Tel: +255 22 211 5151/53 (ext. 5161)

Fax: +255 22 211 5904

E-mail: patientcare@akhst.org

Aga Khan Hospital, Dar es Salaam TANZANIA

Postal Address: P.O. Box 2289 Ocean Road Dar es Salaam TANZANIA

Phone +255 22 211 5151/53 Fax +255 22 211 5904

II. Safety

-Safety is a global, national, regional, and local phenomenon - arrive at a balanced assessment that takes into account multiple sources. Identifying resources to assist in understanding the particular safety challenges in Tanzania (our partner organizations- CAC, Pathfinder).

-United States is no more immune to acts of crime or violence than other parts of the world. We will use many of the same precautions used in the U.S. as we travel overseas.

Proposed Procedures and Protocols

-Students will be encouraged to register with the U.S. State Department's Smart Traveler Enrollment Program (STEP). When registered, students will automatically receive information and updates from the State Department. Enrollment will also make it easier for U.S. officials to contact students or their families in the event of an emergency. STEP App is an app for the STEP program, which provides immediate access to your STEP account itineraries, as well as State Department country information and travel alerts.

-Provide health and safety information for prospective participants so that they and their parents/guardians/families can make informed decisions concerning preparation, participation, and behavior while on the program.

-Pre-departure orientation on issues related to safety, health, legal, environmental, political, cultural, and religious conditions in Tanzania - This briefing will be conducted by Ben Kahrl, staff at Pathfinder International, and staff of Coaches Across Continents.

-Procedures around communication. Mr. Kahrl is in regular contact with designated BHS administrator Chaperones and BHS administrators possess numerous means for contacting each other, including 24-hour phone numbers and multiple email addresses. Students and parents are provided with 24-hour contact phone numbers for both Chaperones and designated BHS administrator. Procedures for enabling contact with students when necessary.

-U.S. government representatives abroad and local authorities are provided with information about our trip, chaperones, and students.

-Consider health and safety issues in evaluating the appropriateness of an individual's participation -

-Conduct inquiries regarding the potential health, safety, and security risks of the local environment of the program, including program-sponsored accommodation, events, excursions, and other activities, prior to departure. While abroad continuous monitoring of guidelines and travel advisories set by the U.S. Department of State regarding U.S. citizens. Chaperones will automatically receive Travel Warnings and Advisories from the Department of State. overseas through the STEP App. Provide information about changes and advise participants and their parents/guardians/families as needed.

III. Health & Safety Resources

CISI International Travel, Health, and Security Resources

<http://www.culturalinsurance.com/>

Centers for Disease Control: Provides extensive information and advice on immunizations and on staying healthy in Tanzania.

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/tanzania>

<http://www.cdc.gov/travel>:

Travel Health Online: A useful travel health site.

<http://www.tripprep.com/>

List of Doctors/Hospitals Abroad: US Department of State list of doctors and hospitals abroad.

<http://travel.state.gov/content/passports/en/go/health/doctors.html>

Health Information by Country: Information distributed by the World Health Organization

<http://www.who.int/countries/en/>

SAFETI/Peace Corps: Peace Corps materials adapted to study abroad.

<http://www.globaled.us/peacecorps/>

US State Department Students Abroad Emergencies

<http://travel.state.gov/content/studentsabroad/en/emergencies.html>

US State Department Travel Information: Travel advisories and Consular Information Sheets for US citizens traveling abroad.

<http://travel.state.gov/content/passports/en/country/tanzania.html>

US State Department Smart Traveller Enrollment Program (STEP): STEP is a free service to allow U.S. citizens and nationals traveling abroad to enroll their trip with the nearest U.S. Embassy or Consulate.

<https://step.state.gov/step/>

Additional safety monitoring sites: Include links to British, Canadian, and Australian counterparts to the State Department site.

Australia Report: <http://www.smarttraveller.gov.au/zw-cgi/view/Advice/Tanzania>

United Kingdom Report: <https://www.gov.uk/foreign-travel-advice/tanzania>

<https://www.gov.uk/foreign-travel-advice/tanzania/safety-and-security>

Canada Report: <http://travel.gc.ca/destinations/tanzania>

US Embassies: Websites of US Embassies, Consulates, and Diplomatic Missions abroad.

<http://tanzania.usembassy.gov/sm022414.html>

<http://usembassy.state.gov>