

**The Public Schools of Brookline
Health Services**

**PHYSICAL EXAM REQUIREMENTS FOR STUDENTS
ENTERING Grades 4, 7 and 10**

Dear Parent/Guardian:

In accordance with Massachusetts State Law, all school children are required to provide documentation of a physical examination upon entering school and every three years thereafter. In Brookline, these examinations are required on entry and submitted prior to the 4th, 7th, and 10th grades. . This is required by State Law to assure that students receive periodic and timely physical exams to promote health and wellness to optimize learning. Early identification, intervention and treatment for any health related concern is the goal of this mandate. Any routine health examination completed by your health care provider within a year of entering grade 4,7or 10th is acceptable. Please return exam form with updated immunizations to your school nurse before the first day of school in September. A Health and Medical Emergency Card will be sent home in the Back to School Packet in early September. Be sure to complete **both sides** of the card, including the health history and return it within one week.

BRING THIS SCHEDULE LISTED TO YOUR PHYSICIAN’S OFFICE TO INSURE THAT YOUR CHILD RECEIVES ALL THE IMMUNIZATIONS REQUIRED TO ATTEND SCHOOL.

Massachusetts School Immunization Regulations

FOR SCHOOL ENTRY BEGINNING IN 2013 SCHOOL YEAR

	Daycare/Preschool	K –Grade 2	Grades 2-6 and 10-12	Grades 7-9
Hepatitis B	3 doses	3 doses	3 doses	3 doses
DTaP/DPT/DT/Td¹	≥4 doses	≥4 doses	≥4 doses	≥4 doses plus 1 Tdap booster
Polio²	≥3 doses	≥3 doses	≥3 doses	≥3 doses
Hib	1-4 doses	--	--	--
MMR³	1 dose measles	2 doses measles	2 doses measles*	2 doses measles
	1 dose mumps	2 doses mumps	1 dose mumps*	2 doses mumps
	1 dose rubella	2 doses rubella	1 dose rubella*	2 doses rubella
Varicella³	1 dose	2 doses	1 dose *	2 doses

¹Five doses unless 4th dose was given after 4th birthday, then only 4 doses.

²Four doses unless 3rd dose was given after 4th birthday, then only 3 doses.

³ Measles and Varicella vaccinations must have been given on or after 1st birthday.

* **Two doses of MMR and two doses Varicella or MMRV combined is highly recommended.**

(Physician verification of disease or serologic proof of immunity is acceptable.)

Katherine Donnelly RN BSN MA
Coordinator of School Health Services

L. Erik von Hahn MD
Physician Consultant

