

Dr. Swannie Jett, DrPH, MSc Director of Public Health & Human Services

## FOR IMMEDIATE RELEASE

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## TOWN OF BROOKLINE DEPARTMENT OF PUBLIC HEALTH

11 Pierce Street, Brookline, Massachusetts, 02445 Telephone: (617) 730-2300 Facsimile: (617) 730-2296 Website: www.brooklinema.gov

**CONTACT: Dr. Swannie Jett** 

617-730-2300

## **HEALTH ADVISORY UPDATE FOR CORONAVIRUS**

**BROOKLINE** – "The risk of contracting coronavirus in Brookline, MA, remains low despite the one case in Boston," said Dr. Swannie Jett, Health Commissioner for Brookline Public Health (BPH). The Department is closely monitoring the situation. For any updates please monitor our website, MDPH, and CDC for the latest information. "Anyone who has traveled recently to China should self- quarantine (remain home, if you leave wear a mask) and avoid any public events for 14 days," said Dr. Jett.

Coronavirus continues to be a rapidly evolving situation. Symptoms include fever and respiratory illness, such as cough and difficulty breathing. If you experience any of these symptoms, call your physician, separate from others at home, wear a facemask, and avoid sharing household items.

There is currently no vaccine to prevent 2019-nCoV infection. The best way to prevent infection is to avoid exposure to the virus. BPH always recommends standard precautions to help prevent the spread of respiratory viruses, including:

- Washing your hands often with soap and water for at least 20 seconds.
- Using alcohol-based hand rubs and gels.
- Avoiding touching your eyes, nose, and mouth with unwashed hands.
- Avoiding close contact with people who are sick
- Avoid animals (dead or alive), animal markets, and products that are uncooked
- Staying home when you are sick.
- Covering your cough or sneeze.
- Cleaning and disinfecting frequently touched objects and surfaces.
- Wear a mask if you leave the house and you have a cough

For further information, please contact Dr. Swannie Jett, sjett@brooklinema.gov or 617-730-2300. Also, please join our Twitter discussion: @BrooklineHealth, Facebook: Brookline Department of Public Health, or Instagram: Brooklinehealth.