

THE PUBLIC SCHOOLS OF BROOKLINE
HEALTH CARE PLAN FOR SEIZURE DISORDER

Name:	DOB:
School/Teacher:	Grade:
<u>Seizure Management Plan:</u>	
Student's Warning Signs:	

Student's seizures usually look like:

- During a Seizure:**
- Note time of onset
 - Always stay with the child
 - Notify school nurse
 - Move the child to the floor, if able to, and clear area around child of hazards (hard/sharp objects)
 - Do not restrain child or put anything in child's mouth
 - Roll up something soft and place under the student's head
 - Loosen any tight clothing and remove glasses if applicable
 - Have someone remain with child until conscious and no longer confused

Emergency Seizure Medication:

- CALL 911 FOR:**
- A seizure lasting longer than _____ minutes
 - Any signs of respiratory distress (stops breathing or turns dusky/blue)
 - If emergency seizure medication is administered
 - Other: _____

- After a Seizure:**
- If you do not suspect a head, neck or spine injury roll child to his/her side
 - Allow child to rest
 - Child may lose control of bowel and bladder, cover to avoid embarrassment
 - Notify the parent
 - Document the seizure, making note in 3 areas – what happened before, during and after the seizure
 - Help other children deal with the seizure. Talk about seizures, why they happen and what to do

More information on other side →

<u>Other Pertinent Information:</u>	
<u>Other health concerns:</u>	
<u>Other Medications:</u>	<u>Dose/Time:</u>
<u>Plan for Field Trips:</u>	
<u>Parent Signature</u>	<u>Date:</u>
<u>M.D. Signature</u> (or med. Authorization form)	<u>Date:</u>
<u>Dietary concerns/restrictions:</u>	
<u>Contact Information:</u>	
<u>Parent/Guardian 1:</u>	<u>Parent/Guardian 2:</u>
<u>Home Phone:</u> _____	<u>Home Phone:</u> _____
<u>Work Phone:</u> _____	<u>Work Phone:</u> _____
<u>Cell Phone:</u> _____	<u>Cell Phone:</u> _____
<u>Student Home Address:</u>	
<u>Emergency contact:</u>	<u>Phone:</u>
<u>Primary Care Physician:</u>	<u>Phone:</u>
<u>Speciality MD:</u>	<u>Phone:</u>
<u>School Nurse:</u>	<u>Phone:</u>