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International Field Trip Application

Brookline – Women Leaders in Global Health

London, England

November 6-11, 2018

For review and consideration by the
Brookline School Committee

Approval Route:	Approved	Denied	*Returned
Copies to:			
TEACHING & LEARNING	<u>ug</u>	_____	_____
SUPERINTENDENT	_____	_____	_____
SCHOOL COMMITTEE	_____	_____	_____
MEETING DATE	_____	_____	_____
*REASON RETURNED:	_____		

Maximum of 20 Students
Unless add'l chaperone.
ug

Brookline High School Field Trip Application
Brookline – Women Leaders in Global Health
London, England November 6-11 2018
<https://www.wlghconference.org/>

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Additional Documents:

Forms to be completed by parents/students

Prepared by:

Chaperones:

Ben Kahrl, History and Global Leadership teacher at BHS, Lead chaperone
Katya Babitskaya, ELL teacher at BHS, co-chaperone

Statement of Purpose

Brookline High School

Serving nearly 1800 students, Brookline High School represents the whole world, and it is a laboratory for the future of our global society. The student body is diverse in terms of race, nationality, culture, and socio-economic strata. The school is 9% African American, 14% Asian, 11% Hispanic, 61% White, and 5% Multi-Ethnic. At Brookline High School students come from over 69 countries and speak 44 different languages. We are proud of our diversity; and we have simultaneously created unity amidst the diversity, as our students pursue two common goals – academic success and exemplary citizenship.

Connection to Global Leadership Program

Global Leadership Program

The Global Leadership Program, re-launched in the 2016-2017 Academic Year, has sought to enable students to encounter real world complex problems and work with professionals in various fields who are working to solve these problems. This idea has been carried out through a variety of approaches: the Global Leadership Class itself; club activities like Amnesty International's trips to Washington D.C. to lobby Congress; and international travel to Copenhagen for Women Deliver (May 2016), Berlin for World Health Summit (October 2016 and October 2017), Montreal for World Health Summit Regional Conference, and the Global Health Film Festival in December 2017. In addition to this, students have visited Global Health development projects in Tanzania and India.

The trip connects to the Global Leadership Program in several central ways, the most obvious way is that it is a conference of global leaders, in this case Women Leaders in Global Health. Students will see first hand women who are leaders in their field. At the 2017 conference, speakers included Laurie Garrett, Pulitzer Prize winning journalist; Agnes Binagwaho, former Minister of Health of Rwanda; and several other highly regarded women and men in the field. A longer list of speakers can be found here:

<https://www.wlghconference.org/speakers-1>

Like previous conferences, this time will allow Brookline High School students to come into contact with, and receive mentoring from, adults in the field. At the Berlin World Health Summit conference in 2016 and 2017, students met with Roopa Dhatt, executive director of Women in Global Health (WGH). One BHS student, Emily Gerson, was asked to blog about the conference for WGH. In Berlin, students also met Laurie Garrett, Pulitzer Prize winning author. In London, at the Global Health Film Festival, they met Dr. Agnes Binagwaho, former Minister of Health of Rwanda. This conference will provide students with many similar opportunities.

Additionally, the trip also supports the Vision Statement, which reads: "The Public Schools of Brookline Dynamic, Collaborative, Equitable Engaged with the Community Contributing to the World." Students will learn from experts on a world stage and how they can help contribute to issues in Global Health through political, business, and art activism, as well as work in the field itself.

Further, the trip supports the third Strategic Area of Focus, which reads: "Strategic Area of Focus: Thriving in a Complex Global Society -- Goal 3. Prepare students with the intellectual, interpersonal and reflective skills needed to thrive in an increasingly complex and diverse global society. Strategy 3.1: Develop opportunities to enhance the global awareness of every student. Strategy 3.5: Create opportunities for student-led discussion and debate over matters related to moral and ethical

global issues. While attending the Women Leaders in Global Health conference, students will develop greater awareness about developments in global health the world and what women are doing to solve some of the issues at hand.

The trip will involve approximately sixteen to twenty-four students. There is at least some interest in the global health field that we know of (approximately 70 applications for Women Deliver—conference on women's development). This will be the sixth time that we have organized a trip to a development conference like this, and will therefore have experience in conference style, organizing kids, meal planning, etc. Currently, we have a two BHS teachers, Ben Kahrl and Katya Babitskaya, who will be the chaperones. Both chaperones have extensive experience traveling with students, whether to Washington D.C., New York City, or Berlin.

These professional conferences allow Brookline High School students to mix with adults in their field and that simple experience has a powerful effect on students as students' testimony from the Berlin World Health Summit experience attests.

Supporting the African American Community

In addition to increasing opportunities for Brookline High School students overall, this trip also provides a powerful opportunity for African American students at Brookline High School to meet and hear first hand stories from global health leaders who reflect their racial, ethnic and gender diversity. Recent data tell a stark story of some of the challenges in healthcare for African-Americans in Boston and around the country.

In 2016, Dr. Hazel D. Dean a Deputy Director at the Centers for Disease Control and Prevention gave a presentation entitled "Achieving Health Equity through Public Health Workforce Diversity" where she noted that African Americans make up 12% of the population yet makeup on 5% of the public health workforce (source 1). A few months later the Association of American Medical Colleges released a report called Altering the Course, Black Males in Medicine, where they found that the number of black men entering medical school has remained stagnant for nearly 40 years - in 1978 1,410 black men applied to U.S. medical schools and in 2014, that number was 1,337 (source 2). Given the underrepresentation of African-American healthcare providers it directly has a negative impact on the potential opportunities that African-American high school students have for networking, mentoring and career exploration.

Recently there has been significant media coverage on the health outcomes of African-Americans, especially African-American women. Researchers have found that the infant mortality rates of African-American/Black women (source 3) is more than double any other racial group and that African-American women with breast cancer are 67 percent more likely to die from the disease than white women (source 4). In December 2017, The Boston Globe *Spotlight Team* published a seven-part series on being Black in Boston. One part focused solely on the racial health disparities faced by African Americans - including access to healthcare and the limited number of African-American healthcare providers (source 5).

Given the amount of information students are hearing about these issues, it is important for them to learn what is being done to address these issues on a national and global level. It is essential for African-American students, particularly young women, to learn about ways they can have an impact on improving the healthcare system thereby improving the health outcomes for not only themselves but for their communities as well.

By encouraging African-American students to attend this Global Health conference, we would be providing them with the opportunity to better understand global health and network with leaders in various health fields. For this Women Leaders in Global Health, we are specifically looking to provide eight \$1000 scholarships to African American girls at Brookline High School. This will augment, though *not* replace other financial aid that these students might otherwise receive.

Sources:

1. <https://www.cdc.gov/minorityhealth/internships/2016/achievinghealthequitythroughpublichealthworkforcediversity.pdf>
2. <https://news.aamc.org/diversity/article/decline-black-males-medicine>
3. <https://www.npr.org/sections/health-shots/2017/12/20/570777510/how-racism-may-cause-black-mothers-to-suffer-the-death-of-their-infants>
4. <http://www.aapcho.org/wp/wp-content/uploads/2012/11/NeedForDiversityHealthCareWorkforce.pdf>
5. http://apps.bostonglobe.com/spotlight/boston-racism-image-reality/series/hospitals/?p1=Spotlight_Race_TopNav

Specifically Recruiting African-American Young Women

Similar to the concept of the Posse Foundation,¹ which seeks to recruit, support, and mentor groups of students who go to specific supporting colleges, for this trip that is directly about Women Leaders in Global Health, we are seeking to recruit and support eight African American young women at Brookline High School who will each be awarded a \$1000 grant to support their participation in this conference. This award would be in addition to, and not replace, any financial aid for which these students may be eligible. It is clear from the data above that the need for better, more skilled healthcare to be delivered to the African-American community is acute and this would be one small way to help address this need.

The Itinerary

November 6th - evening - depart Boston for London

November 7th - land in London, go to hotel, tourism experience in later afternoon and evening.

November 8th - Women Leaders in Global Health sessions all day and into the evening.

November 9th - Women Leaders in Global Health sessions all day and into the evening.

November 10th - Tourism experiences - possibly the Westminster Cathedral, St. Paul's Cathedral, National Gallery, the Globe Theater, and Imperial War Museum.

November 13th - fly home from London to Boston.

¹ More information about the Posse Program and its importance can be found here - <https://www.possefoundation.org/about-posse/why-posse-is-needed>

APPLICATION FOR ALL OUT-OF-STATE, OVERNIGHT TRIPS

TRIP LOGISTICS:

1. **Name of Field Trip:** Women Leaders in Global Health London 2018 ✓
2. **Educators Requesting Field Trip Approval:** Ben Kahrl and Katya Babitskaya ✓
3. **School:** Brookline High School **Grade Level:** 9th, 10th, and 11th (classes of 2019, 2020, and 2021)
4. **Have you reviewed the new School Committee Policy I 3 a. for Field Trips?** Yes
5. **Have you reviewed the document, *Administrative Procedures for School Sponsored Field Trips*?** Yes
6. **What is your destination?** London, England
7. **What is the date you are leaving Brookline?** Tuesday, November 6th, 2018
8. **What is the date you are returning to Brookline?** Sunday, November 11th, 2018 zzz
(anticipated evening return)
9. **Do the dates of the trip conflict with any religious holidays or observances?** Yes, the Hindu festival of lights, Diwali
10. **How many days will students miss from school?** Three
11. **How are students being transported?**
 - a. Plane (to and from London)
 - b. Subway (while in London)
12. **How many students will be participating in the field trip?** ~16-24 ~~24~~ 20
13. **What members of the student body are eligible for the trip?** All 10th, 11th, and 12th grade students who have demonstrated an interest in international affairs and development through coursework (specifically, but not limited to Global Leadership or Film as History enrollees), Global leadership club membership, previous travel, or extensive volunteer experience.
14. **How are students selected to participate in this field trip?** Students will be selected based on the following criteria:
 - Strong academic record (good study habits, participation, attendance)
 - Interest in global health and international aid work
 - Ability to serve as an ambassador from Brookline and the United States
 - Sensitivity to other people and cultures
 - Previous experiences away from home
 - Successful completion of the application
 - Participation in Global Leadership Club
 - Interview with sponsoring teacher
 - Perceived potential for personal growth
15. **Where will students be staying?**
Citadines Barbican London - Address: 7-21 Goswell Rd, London EC1M 7AH, UK
Phone: +44 20 7566 8000

16. **What are the names and cell phone numbers of the primary staff chaperones on the trip?** Ben Kahrl, Katya Babitskaya
Ben (508) 717-2302 Katya (617)894-6200 -- if we have more than 16 students, we will have a third chaperone.
17. Both of our chaperones have experience with international travel, and have either led student groups and/or participated in exchange trips in the past. They will be supervising the students and available to them on a 24-hour basis.
- A. Benjamin Kahrl and Katya Babitskaya
 - B. While in London, the teacher-chaperones will be using their American cell phones for easy parent contact.

EDUCATIONAL RELEVANCE:

19. What is the purpose of the trip and how does it relate to the Brookline High School Course Syllabi?

The purpose of this trip is to further expose students to issues in World Health and Women's Leadership in that field. Some of the major emphases of both the course of Global Leadership and the Global Leadership club include teamwork, public presentation skills, and discovering world issues in new formats. This extends to all participants in the Global Leadership Program, whether they are in the class, the club, or simply participants on trips. Through the Women Leaders in Global Health we will be able to interact leaders in the field and their work to promote global health.

The Global Leadership class

After the trip, participants can bring back their new understandings of leadership and Global Health back to Global Leadership Class, Global Leadership Club, African-American and Latino Scholars, and other groups of which they a part.

20. Describe activities planned before the trip to prepare students:

We want Brookline High School students to be armed with the information they need to get the most out of the conference. This means doing extensive research with the students attending. To do this we will host regular Z-Block and occasional X-Block meetings for the students who will be in attendance, and also host one after school meeting that will involve both the students and their parents or guardians. Not only will we use this time to go over the ground rules and expectations, we will also work on effective communication tactics, and answer any and all questions students may have. We want the students to be as prepared as possible, so we will continue to take their input on what they would like to work on throughout the preparation process. Students will have a chance to do background research on some of the speakers so that they will understand better the topics they will hear and also develop better the ability to approach the speakers during informal meeting time. This approach was successful preparing for each of the World Health Summit conferences and will be as well for this conference.

The students will be responsible for any work they miss, and for communicating well in advance with teachers (though we will confirm well before that that has been done). All missing assignments will be turned in on time, and some may be completed or submitted online while we are absent, as there is wireless connection at the hotel.

Describe activities planned after the trip to wrap-up/reflect:

Students who participate will be asked to discuss the conference with both the Global Leadership class and the Global Leadership Club. We know already that we will be posting to a blog, much like the one's done after/during Brookline High School's trips to Copenhagen, Berlin, and Montreal. Additionally, we hope to do an interview with the Sagamore after or send them blogs throughout the trip.

Students taking part in the trip will continue to remain in contact with the people and professionals they meet at the Festivals. This will hopefully lead to further opportunities to connect these adults with BHS students, and spread their knowledge throughout the high school. Through video chatting and potentially live visits, we aim to bring what this Conference provides for us back to BHS and specifically to the Global Leadership Club/Class.

ACCESSIBILITY AND STUDENT SAFETY:

21. To what extent does the field trip group reflect the diversity of the school population? What efforts will be undertaken to ensure that, to the greatest extent possible, the participants in this field trip are representative of the school population?

Once the School Committee has approved the trip, we will make a focused effort to encourage applications from a wide spectrum of BHS students, as to create a group that reflects BHS as a whole. We will do everything within our reach to accommodate for any all disabilities that students may have. Both the summit and the hotel are wheelchair accessible, and public transportation is as well.

This trip is open to 10th, 11th, and 12th graders, though preference will be given to upperclassmen, and especially to members of the Global Leadership class and Club. We understand that not all people interested in the trip can make it to the Global Leadership Club meetings, so we will take into account people's involvement in classes such as Global Leadership and Social Justice, and clubs like Amnesty International. In order to increase awareness about this trip, we will make sure to not only advertise it to not only the aforementioned classes and clubs, but also to the Steps to Success and African-American/Latino Scholars programs. We will make sure that students are aware of the availability of scholarships, so that the cost of the trip does not deter anyone from applying.

This trip will have a **Needs Blind** admissions process whereby applications for financial aid are submitted separate from regular applications and will not be revealed until after selections are made. The financial aid process will award students a percentage of his or her trip that will be covered and we will ensure that percentage is paid for by school fundraising activities.

22. What measures are planned to ensure student safety on the trip, including chaperone coverage, student behavior contracts, etc?

Both chaperones will be with the students at all times, and the behavior requirements will have been thoroughly addressed during the meetings prior to departure. In addition, behavior contracts will have been signed as a requirement for attending the trip. Parents will also be fully informed of what the standards are, further enforcing the importance of these rules. The chaperones will be with the students constantly, and take extra precautions for the safety of the group when going to and from the conference,

and while sightseeing. If any State Department advisories are issued for Britain, we will follow them in their entirety.

23. What is the name and location of the medical facility closest to your destination?

London Hospital:

St. Bartholomew's Hospital

W Smithfield, London EC1A 7BE, UK

Emergency Information about the hospital is available here:

<http://bartshealth.nhs.uk/our-hospitals/st-bartholomew%E2%80%99s-hospital/>

24. Will students be swimming? No

25. If travelling outside of the United States, please attach the appropriate Department of State notices and advisories.

There are currently no State Department travel alerts or travel warnings for Great Britain. We will continually monitor the State Department website in the unlikely event of changing conditions. U.S. Embassy in London: <https://uk.usembassy.gov/> U.S. Embassy London 24 Grosvenor Sq., London W1A 2LQ United Kingdom [44] (0) 20 7499-9000

FUNDING:

26. What is the cost of the trip?

The projected cost is \$1770 per student. This cost includes: flights to and from London, hotel costs, Underground / Tube fares, conference admission fee, and most meals during the time:

For a detailed budget, please refer to the bottom of this document

27. How will the field trip be funded?

The funding for the trip will come from the families of the participants. Because of this, we are of course attempting to keep the cost as reasonable as possible. Equivalent experiences from the travel companies that run student trips often price a trip like this at \$500-\$1000 more than what we are charging. For scholarships, we will do a combination of including a contribution in the price of the trip, and fundraising as well. Our goal is to fundraise for 1.5-2 scholarships.

28. What accommodations are made for students who cannot afford the expenses of the trip?

Are partial and/or full financial aid available?

Financial aid will be available. We will divide the financial aid funds between those who apply and receive financial aid. We will have enough for a full scholarship, and quite close to a second. Our goal is to make this trip accessible to any applicant, and so we will also make it a priority to clarify the fact that cost should not deter anyone. We will advertise the trip widely across the school in order to get a group that represents BHS as whole.

Furthermore, we will let students know that financial aid is available and that all financial aid requests will remain confidential. Students may complete a separate financial aid application that will in no way restrict their selection to participate. If additional funds are needed, additional fundraisers will be planned to supplement them. Acceptance to the trip will be determined separately from financial aid awards so as not to influence selection process.

Anyone who makes further inquiries into the availability of financial aid will have their privacy, and their requests will be completely confidential. Acceptance to the trip will be entirely separate from financial aid requests, as we do not want that to be of any influence. Though we do not plan to run any fundraisers, we will without hesitation if scholarship money is needed to be raised.

29. If fundraisers are planned to help lower the cost of the trip for all students, please describe those plans here.

Families will have the option of contributing financially to a travel financial aid fund. We will also solicit individual donors who have expressed an interest in supporting student exploration of the development world. A committee of students and parents will be formed to assist in fundraising efforts. All students involved are expected to participate actively in all fundraising activities. We are also looking to use fundraising toolkits and guides (from websites like <http://www.global-changemakers.net>) to create a more effective fundraising strategy.

Other relevant information for the Women Leaders in Global Health Conference 2018:

Emergency Numbers in London:

- U.S. citizens visiting London should note that the emergency number for the British police, rescue, and fire departments is 101 or 999.
- U.S. Embassy, London, Number: +44 20 7499 9000
- Nearest Police Station: 182 Bishopsgate, London EC2M 4NJ, UK Telephone: 44 20 7601 2222

Submitted by:

Educators: Benjamin Kahrl BHS.

 Date: 1/2/2018

Katya Babitskaya BHS

 Date: 1/2/2018

Social Studies Curr. Coordinator: Gary Shiffman

 Date: 1/2/2018

Headmaster: Anthony Meyer

Signature :

 Date: 1/8/18

Proposed Timeline**Application & Recruitment Timeline 2017-2018**

Jan.2018	Teacher chaperones and students meet to prepare documents
Jan. 2018	Proposal presented to Headmaster, Superintendent, School Committee
Feb. 2018	Announcement in Global Leadership Class, Social Justice Class, African-American and Latino Scholars Program, along with Global Leadership Club, and Amnesty International. Distribute Applications.
March 2018	Review applications. Applications will include signed relevant documents so that they are prepared if the student is accepted.
April 2018	Inform students that they are accepted. Collect first check for \$700 to purchase the airline tickets Work with admittees on possible fundraising opportunities.
May 2018	Accept second \$600 deposit from accepted students to reserve hotel rooms and register for the conference.
June 2018	Accept last deposit of \$400 from accepted students.
Sept. 2018	Parent Meeting #1 - an evening in the last week of September
Nov. 8th 2018	Departure for London

Budget

Items	Price in Pounds		16 students and two chaperones
Transportation			
Airline Tickets		\$700	\$12,600
Tube - Oyster Card - £18 -	18	25.2	\$454
Train from Airport to Hotel	13	18.2	\$328
Train from Hotel to Airport	13	18.2	\$328
Registration for Conference		100	\$1,800
Lodging			
Rooms - need 10 rooms - for 4 nights	130	182	7280
Food			
Breakfast -	10	14	\$252
Lunch - 4 days at £15pp/day	60	84	\$1,512
Dinner - 4 days at £20pp/day	80	112	\$2,016
Tourism £60 pp	60	84	\$1,512
Communication			
Calling Plans for Two Chaperones		40	\$80
Trans. for Chap. -- airport		130	\$130
Total Cost			\$28,291
Cost Per Student			\$1,768.18

Student Guidelines and Contracts

Students participating in the 2018 Women Leaders in Global Health to London will abide by Brookline High School rules and regulations as stated in the Handbook, as well as those enumerated in this document.

1. Students and parents/guardians will agree to and sign the rules explained in the STUDENT BEHAVIOR CONTRACT (see attached).
2. Students and parents/guardians will agree to and sign the information and rules explained in the HEALTH INFORMATION SHEET FOR FIELD TRIPS (see attached). Students on medication must be able to self-medicate or give early notification if a parent/guardian must accompany the trip.
3. Parents/guardians must agree to and sign the information explained in the PERMISSION AND RELEASE FORM FOR MONTREAL TRIP (see attached).
4. Students must be in good academic standing to participate in the program.
5. Students must be aware of and follow airport and terminal procedures.
6. Students are responsible for their own spending money. The chaperones will be responsible for the group expenses.
7. Students are responsible for acquiring or renewing their own passports. They must make five copies of their passport and give them to Mr. Kahrl.
8. Students must honor all deadlines and attend all student and parent/student meetings. If this is not possible, they must see Mr. Kahrl in advance to receive the information.
9. Students and parents are aware that each deposit for the trip and final payment is non-refundable once it is made as

In addition, the student and his/her parent are advised that School Committee and the Superintendent may cancel a trip at any time, including up to the day of departure, if that it deemed necessary for student safety.

I, (print student name) _____, have read the packet and agree to the information listed above.

Student's Signature: _____ Date: _____

I, (print parent name) _____, have read the packet agree to the information above.

Parent's/Guardian's Signature: _____ Date: _____

STUDENT BEHAVIOR CONTRACT CODE OF CONDUCT:

1. I agree that while I am traveling with the Brookline High School Women Leaders in Global Health Conference to London, I will not use or possess non-prescription drugs, tobacco or alcohol. If at any Festival sponsored event where alcohol is present, I will not consume any and will be accompanied by a chaperone at all times.
2. I agree to and will abide by the curfew. At the appointed time, I will go to my room and observe quiet. Bed checks will occur after curfew to ensure that the students are where they are supposed to be.
3. I agree to uphold all laws and regulations as dictated by local, State and Federal governments (i.e. under age drinking, assault, shoplifting, etc.). I agree to respect the property of others and to pay for any losses and/or damages for which I am found responsible.
4. I agree never to leave the hotel without permission from my chaperone. Should I be granted permission to leave, I will be accompanied by other members of my group.
5. I understand the responsibilities of traveling in a group and will respect meeting times and places.
6. I understand that I am under the direct responsibility and authority of the assigned chaperones, and I will follow and abide by any rules and/or decisions made by these persons.

I am signing this Contract, and hereby giving my word of honor that I will follow the above Code of Conduct while traveling in London with Brookline High School from November 6th to November 11th, 2018. As a representative of Brookline High School, I understand that my behavior is critical to the success of the trip and as a precedent for future exchanges. Any violation of these rules will result in disciplinary action (i.e. being sent back to the United States at my parent's expense, or being suspended from a performance or activity).

Student's Printed Name: _____ Date: _____

Student's Signature: _____ Date: _____

I have read the above contract signed by my child.

Parent / Guardian Name: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____