

PUBLIC SCHOOLS of
BROOKLINE



DESE Mental Health and SEL Grant

2/9/2022

Key Updates And Highlights

PUBLIC SCHOOLS of
BROOKLINE



PSB was awarded a competitive \$150,000 Mental Health and SEL Grant from DESE

- Supporting Students' Social Emotional Learning, Behavioral & Mental Health, and Wellness through Multi-Tiered Systems of Support

The grant will allow us to invest in curriculum and educator PD to strengthen our:

- Preventative and promotion (Tier 1) supports
- Targeted (Tier 2) mental health interventions.

Grant Overview

Tier 1

K to 8 educators will have the opportunity to receive training in, **pilot**, and evaluate three separate universal SEL curriculum.

- Second Step (K to 5)
- Harmony (K to 5)
- MindUp (K to 8)
- Lion's Quest (6 to 8)
- Merrell's Strong Kids (6 to 8)

Tier 2

K to 8 clinical staff will have the opportunity to receiving training in, implement, and evaluate a number of manualized group treatments.

- **Coping Cat** (Anxiety)
- **Skillstreaming** (Social Skills)
- **Social Skills Improvement System - Intervention Guide**
- **Keeping Your Cool** (Anger)
- **Creating Opportunities for Personal Empowerment** (Emotional Regulation)
- **HOPS** (Executive Functioning)

Grant Overview

Professional Development

- Educators will have the opportunity to come together for weekly meetings to receive training in the curriculum or intervention, plan for implementation, and evaluate the curriculum or intervention based on their experiences.

Evaluation

- Usage
 - Acceptability
 - Understanding
 - Home-School Collaboration
 - Feasibility
 - System Climate
 - System Support
- Supporting all learners

Timeline

Recruitment

- Will begin on 2/11
- Funding is available for up to 12 educators per school
 - Classroom teachers
 - Special education teachers
 - Specialists
 - Paraprofessionals
- Seeking a diverse group of educators that reflects the diversity of our student population.

Implementation and Evaluation

- Implementation and evaluation will happen throughout the spring.
- Two, one-year continuation grants are available.

Goal

Goal

- At the end of the grant, we hope to make recommendations regarding the Universal SEL curriculum and targeted Tier 2 interventions that educators would like to invest in.
 - This may result in targeted recommendations for each grade band.