

I 4 i. Physical Education: (Voted 6/3/74, #74-190; 3/14/77, #77-100; 12/4/78, #78-495; 6/30/83, #83-319; 11/17/86, #86-536; 2/28/89, #89-87; 9/24/98, #98-86)

Physical education is characterized by a planned, sequential K–12 curriculum based on national standards.²⁻⁴ It provides cognitive content and instruction designed to develop motor skills and social skills, as well as impart knowledge and healthy routines for physical activity and fitness that can last a lifetime.²⁻⁴

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1. Course Requirements

The course requirements for Grades K-6 Physical Education shall be:

The course requirements for Grades 7-8 Physical Education shall be:

The course requirements for Grade 9-12 Physical Education shall be:

1 credit of Physical Education.

Deleted: 1. Girls Interscholastics/ Co-Ed Gym/ Equal Time ¶
The Brookline School Committee endorses the girls' interscholastic athletic program in grades 7 and 8; mandates co-educational gymnasium in grades 5-8, and endorses the principle that girls and boys be given equal time and facilities in after-school programs. ¶
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2. Athletics: (Voted 3/13/97, #97-17)

PUBLIC SCHOOLS OF BROOKLINE ATHLETICS INCLUSION POLICY

In the Brookline Public Schools, the school based athletic experience is an essential part of each student's overall education. It builds upon and complements the physical education program, play activities, and the intramural programs in our elementary schools and in high school. Participation in one's school intramural or athletics program plays a significant role in developing positive self-esteem and a sense of well-being, in addition to providing a unique educational experience. It promotes physical and mental health, and contributes to learning how to interact socially. It nurtures friendship, and fosters a sense of pride in self and the community that lasts far beyond the student's years in the Public Schools of Brookline. The goal at every level of athletics is to strive for excellence. As an integral component of the Brookline Public School curriculum, the educational role of an inclusive, well-staffed athletic program is significant in the development of the whole student.

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The coordinator of Physical Education is directed to establish individualized education programs as follows: When student athletes can demonstrate the need or appropriateness, they be allowed to petition individual physical education contracts for 1 or 2 semesters in the 10th, 11th, and 12th grades, and 1 semester in the 9th grade. Students in the 9th grade may not use individual physical education contracts to substitute for health or integrated health/ physical education. These individual petitions, which would be coordinated through the Physical Education Department, would need to be signed by the student, parent or guardian, dean, physical education teacher, and coach. ¶
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Inclusion means that all students, regardless of ability, challenge, or identity have the right to be respected and appreciated as valuable members of the school community, and fully participate in physical education programming. Every student-athlete shall be afforded the chance to participate at the most appropriate level to achieve optimal personal growth. These opportunities to develop their skills and reach their maximum potential will be provided in a well-coached, safe environment, and at the best facilities the Public Schools of Brookline can provide. Specifically:

- 1. Staff shall support students with mental or physical challenges who want to participate in athletic activities, to afford them equitable experiences as their peers who do not have such challenges.

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2. Where there are gender-segregated classes or athletic activities, including intramural and interscholastic athletics, all students must be allowed to participate in a manner consistent with their gender identity.

3.

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Deleted: While learning the principles of self-discipline, fair play, leadership, and teamwork in pursuit of a common goal, student-athletes must be challenged at whatever level of skill they bring to a sport. Every student-athlete, male and female, shall be afforded the chance to participate at the most appropriate level to achieve optimal personal growth. These opportunities to develop their skills and reach their maximum potential will be provided in a well-coached, safe environment, and at the best facilities the Town can provide. All teams will be qualified to participate competitively in their respective leagues. The athletic program must be flexible and reflective of the values and culture of the Brookline Public Schools in order to address the needs of its diverse student population. Athletics are a common ground where all of our students can appreciate their peer's skills and contributions in the commitment to reaching a goal. Participation in school based athletics promotes physical and mental health, and contributes to learning how to interact socially. It nurtures friendship where one might not expect to find it, and fosters a sense of pride in self and the community that lasts far beyond the student's years in the Brookline Public Schools.

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