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Brookline High School – European Public Healthcare Conference

International Field Trip Application

Ljubljana, Slovenia

November 26 - December 2, 2018

For review and consideration by the
Brookline School Committee

Approval Route:	Approved	Denied	*Returned
Copies to:			
TEACHING & LEARNING	<u>ug</u>	_____	_____
SUPERINTENDENT	_____	_____	_____
SCHOOL COMMITTEE	_____	_____	_____
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*REASON RETURNED:	_____		

Brookline High School Field Trip Application
Brookline – European Public Healthcare Conference
Ljubljana, Slovenia - December 2018

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Additional Documents:

Forms to be completed by parents/students

Prepared by:

Ben Kahrl, History Teacher BHS, Lead Chaperone

Chaperones:

Katya Babitskaya, ESL Teacher BHS, co-Lead Chaperone

Students:

Zebulon Erdos, class of 2020

Milena Kitterman, class of 2020

Rachel Lee, class of 2020

STATEMENT OF PURPOSE

European Public Health Conference

From being at the corner of a long fallen empire, to being occupied by the Axis powers, then enduring half a century of socialist rule, to finally being a democracy, Slovenia will provide a perspective for students to see the stark contrasts between the first, second, and third worlds' medical sectors.

The European Public Health Conference (EPH) brings together stakeholders and decision-makers from every field in the healthcare spectrum, providing the perfect forum for exchange with experts from academia, industry, politics and civil society. The 2018 meeting will be hosted in Ljubljana, Slovenia. Since its beginning in 2008, this conference has been steadily growing, and will reach new heights this coming year. This link offers information about the format and content of the previous conferences as well as ongoing updates about the planning of the 2018 conference. The European Public Health Conference is continuing to update its itinerary at its main website here: <https://ephconference.eu/>

This gathering builds students' education through workshops specifically addressing adolescent health, online learning communities, and high-level networking opportunities. Although BHS students will be the youngest in attendance, there will be specific programming for students to engage in their fields of interest ranging from mental health to reproductive rights. There also will be multiple opportunities for young people to network with professionals in the field.

Attending the European Public Health Conference directly supports the Mission of the Public Schools of Brookline. The Mission states: "To ensure that every student develops the skills and knowledge to pursue a productive and fulfilling life, to participate thoughtfully in a democracy, and to succeed in a diverse and evolving global society." The conference contributes to developing active citizens, both locally and globally while revealing different perspectives and ideas in a global setting, both of which are core values of the Mission. Attendance at the World Health Summit, while meeting hundreds of young people, educated elders, passionate leaders and many more from around the world who are also dedicated to global health and development, will clearly develop Brookline High School students' skills and knowledge to "succeed in a diverse and evolving global society." As the speaker list from the 2017 conference attests, there will be presentations from people across the globe, whether health officials, government officials, or other professionals.

The passion of students who had attended trips in the past led them to discover this conference, and motivated them to take an important role in the furthering of their education. Through previous networking at the Berlin Summit, the students were informed about the existence of this important event. In the past, students have been extremely well received at these professional opportunities, lauded for their committed approach to understanding the work of other attendees.

Additionally, the trip also supports the Vision Statement, which reads: "The Public Schools of Brookline Dynamic, Collaborative, Equitable Engaged with the Community Contributing to the World." Students will learn from experts on a world stage about how they can help contribute to issues in Global Health. The conference includes many of the leading International Non-Governmental Organizations and government agencies, such as the European Commission, the European Public Health Association, The World Health Organization and many other development agencies from around the world.

Further, the trip supports the third Strategic Area of Focus, which reads: "Strategic Area of Focus: Thriving in a Complex Global Society -- Goal 3. Prepare students with the intellectual, interpersonal and reflective

skills needed to thrive in an increasingly complex and diverse global society. Strategy 3.1: Develop opportunities to enhance the global awareness of every student. Strategy 3.5: Create opportunities for student-led discussion and debate over matters related to moral and ethical global issues." While attending the conference, students will develop considerable global awareness about developments in the healthcare field. Students will also have an opportunity to confer with professionals, CEOs and leaders from around the world about the moral and ethical issues confronting the medical industry in their respective regions.

The trip will involve 12 students. There is considerable interest at Brookline High School in the global health field. This will be the fifth time that we have organized a trip to a development conference like this, and will therefore have experience in conference style, organizing kids, meal planning, etc. Currently, we have Ben Kahrl, BHS Social Studies teacher; and Katya Babitskaya, BHS ELL teacher.

The goals for the trip are four-fold. Students will have a chance to meet and network with younger activists and older experienced individuals from all over the globe.

Slovenia is a prime example of a modernizing second world country, sitting at the very north end of what was once Yugoslavia. The state has experienced the best and worst of governments throughout the past century: democracy and dictatorship just decades apart. Students can attend workshops, as well as panel discussions, where the shadow of this political volatility will still be able to be perceived. In these instances, students will be able to understand the importance and value of our democracy. The conversations that will take place will illustrate the tensions that still stand between the two sides of the former iron curtain, and the fight against populism in Europe and the world, in the context of public health.

Additionally, in cooperation with the the National Institute of Public Health of the Republic of Slovenia (a subsidiary of the Ministry of Health of the Republic of Slovenia) and the Slovenian Medical Society, students' eyes will be opened to previously unknown principles in the field of health both locally and globally. Students have been invited to participate in a full day of study visits of Slovenian public health systems.

Finally, students will be able to attend plenary sessions, similar to those offered in 2017.

Previous plenary sessions:

The Itinerary will consist of the following:

Monday Nov.26th - leave Delta Flight 118 - 7:10pm from Boston

Tuesday Nov.27th - transfer through Charles De Gaulle Airport to arrive in Ljubljana 12:28pm

Wednesday - Saturday - attend conference sessions.

Sunday Dec. 2nd - leave Ljubljana 3:15pm arrive Paris 5:10pm spend the night

Monday Dec.3rd - leave Paris 10:15am - arrive Boston 12:28pm.

Highlights of the Conference include the following:

- 1) Attending sessions where they will be able to hear a variety of specialists from across Europe speak about specific health challenges in Europe. ([Here is a more complete list of the 2017 sessions:](#) (the list for 2018 has not yet been published)
- 2) Networking with other young people, organizations, and experienced workers from around the globe.
- 3) Implicitly and explicitly exploring careers in global health and development.

APPLICATION FOR ALL OUT-OF-STATE, OVERNIGHT TRIPS

TRIP LOGISTICS:

1. **Name of Field Trip:** European Public Health Conference
2. **Educators Requesting Field Trip Approval:** Ben Kahrl, Katya Babitskaya
- 2b. **Students Requesting Field Trip Approval:** Milena Kitterman, Rachel Lee, Zebulon Erdos
3. **School:** Brookline High School **Grade Level:** 10th, 11th, and 12th
4. **Have you reviewed the new School Committee Policy 13 a. for Field Trips?** Yes
5. **Have you reviewed the document, *Administrative Procedures for School Sponsored Field Trips*?** Yes
6. **What is your destination?** Ljubljana, Slovenia
7. **What is the date you are leaving Brookline?** Monday November 26th, 2018
8. **What is the date you are returning to Brookline?** Sunday, Dec.2, 2018
9. **Do the dates of the trip conflict with any religious holidays or observances?** No
10. **How many days will students miss from school?** Four and a half
11. **How are students being transported?**
 - a. from Boston to Ljubljana: airplane
 - b. in Ljubljana: foot and public transportation (Subway)
 - c. Ljubljana to Boston: airplane
12. **How many students will be participating in the field trip?** 12 students
13. **What members of the student body are eligible for the trip?** Any 10th, 11th, and 12th grade students who have demonstrated an interest in international affairs and development through coursework (specifically, but not limited to Global Leadership), Global leadership club membership, previous travel, or extensive volunteer experience.
14. **How are students selected to participate in this field trip?** Students will be selected based on the following criteria:
 - Strong academic record (good study habits, participation, attendance)
 - Interest in global health and international aid work
 - Ability to serve as an ambassador from Brookline and the United States
 - Sensitivity to other people and cultures
 - Previous experiences away from home
 - Successful completion of the application
 - participation in global leadership club
 - Interview with sponsoring teacher and parents
 - Perceived potential for personal growth
15. **Where will students be staying?**
City Hotel, Ljubljana Dalmatinova Street, 15, Ljubljana, 1000, Slovenia <https://www.cityhotel.si/>
16. **What are the names and cell phone numbers of the primary staff chaperones on the trip?** Ben Kahrl (508) 717-2302 Katya Babitskaya (617) 894-6200

17. Each of our chaperones has experience with international travel, and have either led student groups and/or participated in exchange trips in the past. They will be supervising the students and available to them on a 24-hour basis.

A. Benjamin Kahrl and Katya Babitskaya

While in Slovenia, the teacher-chaperones will be using their American cell phones for easy parent contact.

EDUCATIONAL RELEVANCE:

19. What is the purpose of the trip and how does it relate to the Brookline High School Global Leadership Program overall?

The purpose of the trip is to help students understand the issues of Global Development and World Health, specifically Public Health in European countries and the challenges that sector faces. It is also to witness one of the larger conferences in the world concerning that issue, to be able to network with other young people who are active in the field from countries across the globe, and to gain an exposure to many of both the Governments and the International Non-Governmental Organizations that are active in the field. Students will also gain an understanding of the vast movement surrounding the Sustainable Development Goals (SDGs) with the United Nations, the work to ensure that everyone has access to health, diseases are kept under control, and what medicine, research and organizations must do in order to achieve those goals. Health in both developing and developed countries will influence development efforts for the next 5 years (2016-2021), when the 3 billion young people under the age of 30 in the world today will be coming of age. Finally, they will have a chance to hear specifics about the work and investigate possible careers in the field.

This relates directly to one of the three strands of the Global Leadership Program. It covers Global Diplomacy, Global Economics, and Global Health. Here, at this conference, students will study various aspects of the European Public Health system. They will have an opportunity to meet directly with personnel of the Slovenian healthcare system and see first hand how that functions.

This issues relate *directly* to the curriculum of Global Leadership, which will be the primary, though not exclusive, source for students who will participate. Global Leadership, as the name suggests, works at helping students both understand and experience the skills of being a global leader. During the third term, students specifically study the challenges of global health and the work that international non-governmental organizations do, in combination with local and national governments, as well as the United Nations, to help solve some of these health challenges.

20. Describe activities planned before the trip to prepare students:

Students will meet regularly throughout the end of the 2017-2018 year and in the beginning of the 2017-2018 year (typically during X-Block or Z-block, and also with parents on one evening in late October) to prepare the students for the trip and especially the conference. Here they will become familiar with the ground rules and expectations, the trip itinerary, and their responsibilities as participants in the conference. They will also hear from students who participated in previous health conferences, specifically the three members of the class of 2020 who helped prepare the application. Each has been to a previous health conference and / or

the United Nations, as well as lobbying trips to Washington D.C. and can discuss how best to prepare for a conference like this.

As the event draws closer, we will also discuss potential schedules for the students and what plenary sessions, booths, and other Conference events they might want to attend and for which they should be briefed.

Students participating in the conference will be responsible attending orientation meetings and Skype conferences in the fall leading up to the conference. They will also be responsible for completing any academic work that they miss while at the conference and will be responsible for presenting those assignments to their teachers within two weeks after their return. Students will have constant access to internet services, so may well be able to complete, and possibly submit, assignments remotely.

21. Describe activities planned after the trip to wrap-up/reflect:

Students who participate will be asked to discuss the conference with the Global Leadership class. Further, we will work to coordinate with the Sagamore for a possible article or use of social media during and after the event.

The Global Leadership Club will continue their studies in international affairs, including the Global Concerns Classroom program that focuses specifically on health issues. In addition, students will be looking to apply some skills we learned at the conference to our own community. Students will continue advocacy for world health in the Brookline community.

In addition, students participating in the trip will look to continue to be in contact with professionals students meet at the conference to continue to learn and potentially collaborate, similar to what students did after the Women Deliver conference. We will also look to connect to organizations we meet in order to potentially find some internship opportunities and for continued partnership with Global Leadership.

ACCESSIBILITY AND STUDENT SAFETY:

22. To what extent does the field trip group reflect the diversity of the school population? What efforts will be undertaken to ensure that, to the greatest extent possible, the participants in this field trip are representative of the school population?

Once the School Committee has approved the trip, we will make a concerted effort to encourage participation from a broad spectrum of BHS students so that the group reflects the make-up of the larger student body. We will make every effort to accommodate any physical and emotional disabilities that students may have. The European Public Health Conference is wheelchair accessible, and the transportation we plan to utilize (plane, tour bus and public transportation) are generally handicap accessible.

This trip is open to all 10th, 11th and 12th grade students, though preference may be given to students who are current or former members of the Global Leadership and Social Justice classes or who have participated in a significant way with the Brookline High School Amnesty International chapter, Global

Leadership club, or other club activity focused on international rights and / or development issues. The trip and the conference will be widely advertised in Global Leadership and Social Justice classes, various service oriented clubs, as well as through programs such as Steps to Success and African-American/Latino Scholars. In announcing the trip, we will be sure that students know about available scholarships so that they understand that the cost of the trip should not deter them from applying to participate.

This trip will have a **Needs Blind** admissions process whereby applications for financial aid are submitted separate from regular applications and will not be revealed until after selections are made. The financial aid process will award students a percentage of his or her trip that will be covered and we will ensure that percentage is paid for by school fundraising activities.

22. What measures are planned to ensure student safety on the trip, including chaperone coverage, student behavior contracts, etc?

At all times both adults will be on duty as chaperones. The adults know the students well based on classroom contact and/or previous group-building exercises. These chaperones will be with our student group 24-hours a day in Ljubljana, and staying in the same hotel at night. We will meet with parents during the planning portion of the exchange to outline our behavior expectations, and all students who participate will sign behavior contracts. Ljubljana is generally exceedingly safe for visitors. We will follow any State Department advisories in the unlikely event any are issued.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Slovenia.html>

23. What is the name and location of the medical facility closest to your destination?

The Ljubljana University Medical Center Hospital
Zaloška cesta 7, 1000 Ljubljana, Slovenia

<https://www.kclj.si/>
kclj.si +386 1 522 50 50

24. Will students be swimming? No

25. If travelling outside of the United States, please attach the appropriate Department of State notices and advisories.

There are currently no State Department [travel alerts or travel warnings for Slovenia](#).

We will continually monitor the State Department website in the unlikely event of changing conditions. The United States Embassy is located at:

Address: 1000, Prešernova cesta 31, 1000 Ljubljana, Slovenia
Phone: +386 1 200 55 00

FUNDING:

26. What is the cost of the trip?

The projected cost is **\$2300** per student. This cost includes: round trip airfare on scheduled airlines, conference admission fee, transportation to and from the airport, most meals during the time:

For a detailed budget, please refer to the budget document.

27. How will the field trip be funded?

The trip will be funded by the families of participants. As described in #28 and #29 below, we will actively engage in fundraising efforts to raise money for scholarships, and students will be encouraged to assist their family by contributing to the cost through their own work. We have currently secured enough donations for at least \$4000 of support for students interested in the field of public health. (See #28)

28. What accommodations are made for students who cannot afford the expenses of the trip? Are partial and/or full financial aid awards available?

Yes, financial will be available. We have currently secured a pledge of eight \$1000 financial awards for African American and Latino students interested in public health as a possible career. This is part of the public health career pathway that we are currently supporting through trips like this one, the trip to Berlin Germany for the World Health Summit, and the two trips to London for the Women Leaders in Global Health and the Global Health Film Festival. For each of the previous trips to Berlin, London, and Montreal, each student who has applied for financial aid has received enough so that finances did not prevent them from participating in the experience. Further, we will work with the administration to publicize the trip through various avenues, including international service clubs, METCO, and Steps to Success, among other places.

Furthermore, we will let students know that financial aid is available and that all financial aid requests will remain confidential. Students may complete a separate financial aid application that will in no way restrict their selection to participate. If additional funds are needed, additional fundraisers will be planned to supplement them. Acceptance to the trip will be determined separately from scholarship awards so as not to influence selection process.

29. If fundraisers are planned to help lower the cost of the trip for all students, please describe those plans here.

In the past, we have solicited donors who are interested in supporting students' development in the field of global health. For example, for the Copenhagen, Denmark trip to the Women Deliver Conference, we raised over \$16,000. We plan to have students in the group, irrespective of needing financial support, speak with donors about the benefits of the Global Health program that is part of the Global Leadership Travel Program. This system worked as well for the Berlin, Montreal, and London trips.

Other relevant information for the European Public Health Conference, 2018:

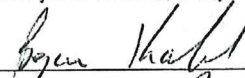

Emergency Numbers in Ljubljana:

- U.S. citizens visiting Slovenia should note that the emergency number for the Slovenian police, rescue, and fire departments is 112.
- US Embassy Phone Numbers: 1000, Prešernova cesta 31, 1000 Ljubljana, Slovenia Phone: +386 1 200 55 00
- National Police Headquarters.
 - <https://www.policija.si/eng/>
 - Republic of Slovenia - Ministry of the Interior <http://www.mnz.gov.si/en/> - Police [1501 Ljubljana, Štefanova 2](http://www.policija.si/eng/index.php/component/content/article/12/801-city-map) -- <https://www.policija.si/eng/index.php/component/content/article/12/801-city-map>

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Submitted by:

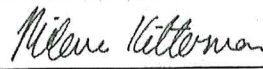
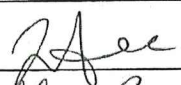
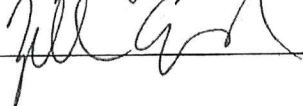
Educators: Benjamin Kahrl, Katya Babitskaya

Signatures : 


Date: 2/7/2018

Date: 2/7/2018

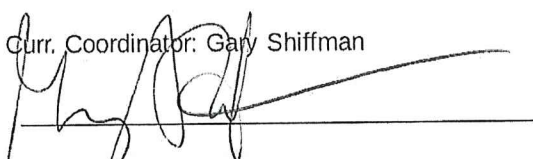
Students: Milena Kitterman, Rachel Lee, Zebulon Erdos

Signatures : 



Date: 2/7/2018


Date: 2/7/2018

Date: 2/7/2018

Social Studies Curr. Coordinator: Gary Shiffman


Date: 2/7/18

Headmaster: Anthony Meyer

Signature : 

Date: 2/15/18

PROJECTED COSTS

Costs are based on 12 participants and 2 chaperones.

Estimated Cost per Student: approximately \$2300

Please see below.

Item	Individual Cost	Total Cost for Group
Transportation		
Flight - Boston-LJU-Boston	1074	15036
Shuttle to and from airport	24	336
Lodging		
Ljubljana- five nights, 8 rooms	110	4400
Entry Fee	500	7000
Tourism		
Tourism	20	280
Food		
Breakfast - 5 days / 12 each	60	840
Lunch - 2 days / 15 each	30	420
Dinner 5 days / 20 each	100	1400
Funds already raised to offset cost		2000
Total		27712
	Cost per student	2309

SUMMARY ITINERARY LJUBLJANA

<u>Dates</u>	<u>Itinerary</u>	<u>Details</u>
Mon. Nov. 26th	Leave Boston	Fly overnight to Frankfurt, Germany
Tues. Nov. 27th	Arrive Ljubljana	After layover in Frankfurt, land in Ljubljana, go to hotel and then conference center to register the group.
Wed. Nov. 28th	Tourism of Ljubljana	Walking Tour Market for lunch Go up to Ljubljana castle with funicular railway
Thur. Nov. 29th	Attend conference	
Fri. Nov. 30th	Conference and Institute Day	Attend conference in the first half of the day Go to the Institute of Health in the afternoon
Sat. Dec. 1st	Attend conference	
Sun. Dec. 2nd	Leave Ljubljana	Flight from Ljubljana to Frankfurt and from there to Boston.

PROPOSED TIMELINE

APPLICATION & RECRUITMENT TIMELINE 2018

January 2018	Teacher chaperones and students meet to prepare documents
February 2018	Proposal presented to Headmaster, Superintendent, School Committee
March / April 2018	Review applications. Student Application Deadline. Applications will include signed relevant documents so that they are prepared if the student is accepted. Review applications, interview as needed. Interview and accept students for the remaining spots.
April 2018	Notify students/families of acceptance. Work with admittees on possible fundraising opportunities and also possibly assist organizers of the conference in any way possible.
May 2018	Accept \$1000 deposit from accepted students.
June 2018	Second Payment due (\$800.00) Any remaining documents that are necessary collected here.
Sept. 2018	Final payment of balance due.
X Blocks Sept. and Oct.	Organizational Meetings: fundraising, trip information.
Oct.. (early)	Parent Meeting #1 - an evening in the second full week of October.
Nov.26th	Departure for Ljubljana, Slovenia. European Public Health Conference.

Student Guidelines and Contracts

Students participating in the 2018 European Public Health Conference in Ljubljana, Slovenia will abide by Brookline High School rules and regulations as stated in the Handbook, as well as those enumerated in this document.

1. Students and parents/guardians will agree to and sign the rules explained in the STUDENT BEHAVIOR CONTRACT (see attached).
2. Students and parents/guardians will agree to and sign the information and rules explained in the HEALTH INFORMATION SHEET FOR FIELD TRIPS (see attached). Students on medication must be able to self-medicate or give early notification if a parent/guardian must accompany the trip.
3. Parents/guardians must agree to and sign the information explained in the PERMISSION AND RELEASE FORM FOR LJUBLJANA TRIP (see attached).
4. Students must be in good academic standing to participate in the program.
5. Students must be aware of and follow airport and terminal procedures.
6. Students are responsible for their own spending money. The chaperones will be responsible for the group expenses.
7. Students are responsible for acquiring or renewing their own passports. They must make five copies of their passport and give them to Mr. Kahrl or Ms. Babitskaya.
8. Students must honor all deadlines and attend all student and parent/student meetings. If this is not possible, they must see Mr. Kahrl in advance to receive the information.
9. Students and parents are aware that each deposit for the trip and final payment is non-refundable once it is made as

In addition, the student and his/her parent are advised that School Committee and the Superintendent may cancel a trip at any time, including up to the day of departure, if that it deemed necessary for student safety.

I, (print student name) _____, have read the packet and agree to the information listed above.

Student's Signature: _____ Date: _____

I, (print parent name) _____, have read the packet agree to the information above.

Parent's/Guardian's Signature: _____ Date: _____

STUDENT BEHAVIOR CONTRACT

CODE OF CONDUCT:

1. I agree that while I am traveling with the Brookline High School Exchange Trip to Ljubljana, Slovenia, I will not use or possess non-prescription drugs, tobacco or alcohol. If at any Conference sponsored event where alcohol is present, I will not consume any and will be accompanied by a chaperone at all times.
2. I agree to and will abide by the curfew. At the appointed time, I will go to my room and observe quiet. Bed checks will occur after curfew to ensure that the students are where they are supposed to be.
3. I agree to uphold all laws and regulations as dictated by local, State and Federal governments (i.e. under age drinking, assault, shoplifting, etc.). I agree to respect the property of others and to pay for any losses and/or damages for which I am found responsible.
4. I agree never to leave the hotel without permission from my chaperone. Should I be granted permission to leave, I will be accompanied by other members of my group.
5. I understand the responsibilities of traveling in a group and will respect meeting times and places.
6. I understand that I am under the direct responsibility and authority of the assigned chaperones, and I will follow and abide by any rules and/or decisions made by these persons.

I am signing this Contract, and hereby giving my word of honor that I will follow the above Code of Conduct while traveling in Slovenia with Brookline High School from November 26th to Dec.3rd, 2018. As a representative of Brookline High School, I understand that my behavior is critical to the success of the trip and as a precedent for future exchanges. Any violation of these rules will result in disciplinary action (i.e. being sent back to the United States at my parent's expense, or being suspended from a performance or activity).

Student's Printed Name: _____ Date: _____

Student's Signature: _____ Date: _____

I have read the above contract signed by my child.

Parent / Guardian Name: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____