

Tina M. Bozeman, D.A., NBCT
K-12 Coordinator for Wellness Education
Public Schools of Brookline
115 Greenough St., Brookline, MA 02445
Office: 617.713.5291

January 22, 2019

Dear Brookline Families,

I am excited to inform you that The Public Schools of Brookline Curriculum Sub-Committee recently approved the use of the Michigan Model for Health Curriculum in 7th and 8th grade health education classes. The curriculum is highly regarded and is listed on the National Registry of Evidence-Based Programs and Practices. We will begin introducing this nationally recognized curriculum by teaching the the *Stay Drug Free for a Successful Tomorrow* module in 7th and 8th grade this year,. During the 2019-2020 school year, all three modules will be taught: 1) *Safe and Sound for Life: Social and Emotional Health and Safety*, 2) *The Power is Yours to be Tobacco Free*, and 3) *Stay Drug Free for a Successful Tomorrow*.

The lessons provide students with critical health information and opportunities to develop skills and behaviors that could influence their health and wellness for a lifetime. We acknowledge that health teachers are only one element to a child's overall development of health knowledge and healthy habits. A portion of the success of the Michigan Model for Health Curriculum involves the engagement of parents, guardians, and other caring adults. Your child will be encouraged to talk with you about what they are learning in health education. By working together, schools and families can more effectively equip children to develop healthy habits and avoid or reduce health risks.

Our use of the Michigan Model for Health Curriculum was made possible through a grant received from the MA Attorney General's Office. The grant proposal involved the collaborative efforts of the PSB Office of Guidance and Clinical Services, PSB School Health Services, PSB Wellness Education, and BHS Substance Awareness Prevention and Intervention.

Feel free to contact me should you have questions or would like more information regarding the Michigan Model for Health Curriculum. I can be reached at 617.713.5291 or tina_bozeman@psbma.org

I look forward to working together to keep our youth healthy.

Sincerely,

Tina M. Bozeman

Tina M. Bozeman